



Hello Tiger family members,

There is no doubt that the month of August is one of the greatest months of the year on a college campus. From athletics kicking off, the band starting practice to seeing the excitement on young adult faces because they are starting a new chapter in their life. With all of the excitement, there can also be a bit of anxiety from the parent's side. I hope some of this newsletter's information will help with your questions. If I can help you, please email or call me.

Jason Gardner  
Director of Student Support and Parent Programs  
dgardner@uwa.edu  
205-652-3640

To sign up for this monthly email, [click here](#).

**Tiger Talk Archive**

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## **IMPORTANT DATES**

### **August 10**

100% tuition and fees due by 3:00 p.m. (cst). First cancellation for all unpaid accounts. Students will be allowed to re-register if full payment is made.

## **August 14**

\$75 late registration fee applied

## **August 16**

On-campus classes commence.

## **August 17**

100% of tuition and fees due by 3:00 p.m. (cst). Final cancellation for all unpaid accounts. This cancellation is final and students will not be allowed to re-register for Fall full term and or Fall Online Term 1.

## **August 18**

Last day for 100% refund of basic tuition and fees. Last day to register for the Comprehensive Exam by noon.

## **August 25**

Last day for 50% refund of basic tuition and fees for withdrawal. Last day for dropping courses without 100% fees due.

**MOVE IN DAY**

**AUGUST 12**

**10 AM - 2 PM**



### **WHAT TO EXPECT**

- Volunteers helping you move in
- Kona Ice
- Churches Grilling and providing lunch



**Housing Check-in will take place at the Student Union Building by appointment**

**Please follow the traffic patterns below**

- Gilbert, Selden, and Reed traffic only**
- Gilbert traffic only**
- Closed no entry**
- Large Vehicle Holding Area**

**Patterson, Stickney, and Hoover Residents must take a left on Student Union when leaving the Student Union**

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# FAMILY DAY 2023

SEPTEMBER 23 UWA VS. MISSISSIPPI COLLEGE

Family Day will be held on September 23. There will be many activities for you to get to know the campus better. UWA will take on Mississippi College as we kick off Gulf South Conference play.

Visit our Family Day  
site

## STAY UP TO DATE WITH ALL THINGS UWA!

FOR CURRENT UWA STUDENTS



FOR INCOMING AND POTENTIAL UWA STUDENTS



OFFICIAL UNIVERSITY ACCOUNT



WWW.UWA.EDU





## **CAMPUS DINING**

### **MEAL PLANS**

All first-year freshmen, and students who live in a residence hall room without kitchen facilities, are required to have the All Access Meal Plan. A 9-meal plan (or larger) is required of all other residents.

#### **ALL-ACCESS MEAL PLAN**

Students on the All-Access meal plan have unlimited access to the CAF during its hours of operation, seven days a week. Come in for lunch, come back later for a mid-afternoon snack, stop by for a soft drink, come in for an early supper, and then come back for dessert or an evening snack.

#### **9-MEAL PLAN**

This meal plan is geared toward students who enjoy doing their own cooking. By selecting this plan, students can still get together with friends at the CAF a few times each week. Residents of Hoover Apartments, Reed, and Patterson Hall are assigned to this plan unless they select the All Access meal plan.

### **COMMUTER PLANS**

Commuters are offered a select group of meal plans specifically tailored with flexibility in mind. All non-resident plans are offered in blocks of 25 or 50 meals that can be used at any time.

### **DINING DOLLARS**

During the Fall and Spring semesters, students taking seven (7) or more on campus credit hours receive Dining Dollars (\$250.00). Dining Dollars are a debit-like account, accessed using the Tiger Card. Dining Dollars can only be used at Young Cafeteria, Starbucks, Subway and Burger & Fries. Any unused Dining Dollars are swept at the end of the Spring semester, so make sure you spend them!

### **TIGER BUCKS**

During the Fall and Spring semesters, students taking seven (7) or more on campus credit hours will receive Tiger Bucks (\$100.00). Tiger Bucks are a debit-like account, accessed using the Tiger Card. Tiger Bucks can be used at most stores and restaurants in town.

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## **UNIVERSITY POLICE**

Safety and security should be your top priority for you and your family, wherever you are. On the University of West Alabama campus, there are precautions your student can take and services they can utilize to help ensure their safety. The Student Night-time Auxiliary Patrol (SNAP) is a night-time transportation service for students traveling on campus at night. This service is FREE, So Don't WALK ALONE at night.

Hours of operation: 6 pm – 11 pm Sunday through Thursday  
Call 205-652-3937

Parking Tips- Help your student avoid a citation

1. All vehicles parking on campus must have a valid parking decal.
2. From 7:00 a.m. and after 6:00 pm, Monday – Friday, students should always park in the zone categorized by the color of the decal.
3. Before parking in ADA-accessible spaces, students must have a handicap decal and a handicap placard registered to them or a handicap license plate
4. From 7:00 a.m. and after 6:00 pm, parking is not restricted. Decales are still required during this period
5. No parking zones and handicapped parking is enforced 24 hours a day

**[Click here to register your vehicle](#)**

**[Click here for an article about the safest universities in Alabama](#)**

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## ATHLETICS

Tickets will go on sale to the public on August 2, 2023. The link to purchase will be <https://uwaathletics.com/sports/2021/6/24/ticketing>

Tickets can be purchased and accessed through the Hometown Ticketing app as well. All you need to do is search The University of West Alabama and make it a favorite to see what sporting event tickets are available.

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## ACADEMIC RESOURCES

At UWA, we believe that advising is a holistic approach to student development, fostering a personalized partnership between students and advisors. Our CARES Advisors are committed to promoting active and responsible learning, assisting students in identifying and clarifying academic, career, and personal goals.

### **Action to take prior to move-in:**

If your student hasn't mentioned taking a placement test for English or Math, kindly ask them if they've completed it. Many students can skip a math or English class because of their placement score, saving them time and money. Instructions on how to complete them are in their email inbox.

### **“Secrets to College Success”**

1. **Prioritize self-care and well-being.**
2. **Balance responsibilities effectively.**
3. **Set clear goals for academic success.**
4. **Time management is key.**
5. **Don't hesitate to seek help when needed.**

## 6. Utilize campus resources for support.

Encourage students with these 6 essential items for success at UWA. Let these strategies guide them to excel and achieve their goals.

### Tips for College Success

- Encourage your student(s) to navigate their self-service portal and pre-plan their courses before meeting with their CARES Advisor to ensure the most out of advising sessions.
- Students should form study groups, reach out to classmates, and take advantage of professors' office hours.
- Utilize resources such as the **on-campus writing center**, **math lab**, and **TRIO Student Support Services**.

### Freshman Resources

- **CARES CLOSET**: A free resource providing personal care items, household supplies, school supplies, textbooks, and semester-long laptop check-out.
- **Free tutoring services**: Students can request a tutor through the UWA CARES Tutorial Request Form on Eforms. Please visit **this link** to access the form.
- **Brainfuse-Online Tutoring Tool**: An online tutor tool supporting teaching and learning both online and on campus, offering additional resources for your student's academic success for assistance.

**We're here to support your student at every step.** Share this newsletter with them and together, we'll help them thrive at the University of West Alabama. **Contact us** with any questions or concerns. Thank you for entrusting us with your student's education. **We look forward to partnering with you for their success.**

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COUNSELING SERVICES 205-652-3651

The UWA Counseling Services Office offers confidential mental health services to support our On-campus students. We encourage our students to contact our Case Manager early in the semester to make an

appointment.

## CAREER SERVICES 205-652-5545

The Office of Career Services provides guidance and resources to UWA students and alumni to support their professional career development and employment goals. Professional engagement and training opportunities include career fairs, interview packet development, mock interviews, career choice planning, job/internship search assistance, and direct employer connectivity events.

## WRITING LAB

The University of West Alabama Writing Center offers writing assistance to students from any discipline across our campus. We strive to be a space that nurtures collaborative endeavors and values critical thinking, where writers feel welcomed as intellectuals, recognized as individuals, and appreciated as part of the UWA community. Our inclusive, supportive, peer-led academic environment strives to meet all students' writing and communication needs while helping writers build the confidence and knowledge they need to succeed in their academic and professional careers.

## MATH LAB

The Mathematics Lab is a service the College of Natural Science and Mathematics provides to assist undergraduate students in their mathematical studies. The following resources are provided to help students be successful in their math courses:

- Math tutors help in a wide range of courses, including Introductory Algebra, Intermediate Algebra, Pre-Calculus Algebra, Pre-Calculus Trigonometry, and Calculus I.
  - Graphing calculators may be checked out for use in math and science classes.
  - Computers are available for tutoring assistance and other educational purposes.
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# TIGER TAIL BASKETS

*Delivering a little love from home.*

presented by



- UWA colors and themes
- Personalized to the student (small orders only)
- On-campus delivery included
- 3 different price tiers to choose from

**Call to order:**

**Little Acorn (205) 652-2423**



## FINANCIAL AID

**FERPA – Family Educational Rights and Privacy Act**

FERPA mandates that no information about a student's education record may be released unless the student has given written consent. To check in on your student, please be sure they have filed this form with us, issuing you their permission.

**FAFSA – Free Application for Federal Student Aid**

The FAFSA application is required for federal aid packaging. Please ensure your student has completed all necessary steps before the start of school. The FAFSA can be found at <https://studentaid.gov>.

**MPN & Loan Counseling –**

Students receiving federal loans must complete Federal Direct Loan Entrance Counseling and a Master Promissory Note (MPN) before funds can be released to the student's account. If your student plans on these loan funds to help pay for

college, please be sure they have completed these steps at <https://studentaid.gov>.

Self-Service –

Your student has many resources and information available 24/7 through the Self-Service Portal and Tiger Hub. Both can be accessed by visiting <https://www.uwa.edu/currentstudentsfacultyandstaff>.

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### **When your student needs assistance in the residence halls, who should they contact?**

Our staff is here to help your students make the most of their experience, including creating a home away from home here on campus. Understanding each staff member's role and following the appropriate channels will result in the quickest resolution to most issues.

- Residents Assistants (RAs) are student leaders whose main priority is helping your student thrive in their on-campus community. RAs live within their communities and are trained to help with a variety of issues. This includes connecting residents to campus resources, involvement opportunities, and each other. They will help with roommate conversations and mediation.
- In addition to RAs, Hall Directors are graduate and undergraduate students who manage a residence hall or group of halls. This includes supervising RAs, and working with students on concerns when the RA hasn't been able to resolve an issue.
- The Gilbert Hall Front Desk is open 10 AM – 12 Midnight daily to assist residents of Gilbert Hall with lockouts, answering questions, and more.
- After business hours, including weekends, an RA On-Call is available to assist with after-hour emergency maintenance concerns, lockouts, and immediate roommate concerns, amongst other things.

### **What happens when your student has a maintenance issue in their room?**

Students can report maintenance issues in their MyHousing portal under "RCR/Damages" and "Maintenance Requests". Our Housing Services Coordinator will review the request, ask for clarification if needed, and report the concern to the University's Physical Plant team. By submitting the request in their MyHousing portal, our team can track the progress of the request and the student can also review the status. Physical Plant staff generally enter student rooms after 10 AM when responding to a maintenance request, but may enter at other times

if the request is deemed to be an emergency concern. Note that emergency issues should be reported directly to the Housing Office at 205 652-3686 during regular business hours and to the RA On Call after close of business and on weekends. Emergency issues would include loss of electricity in an entire room, flooding, door lock not working, and other issues that may result in personal injury or property damage if not addressed quickly.

### **What can your student do to be proactive with roommate relationships?**

Roommate relationships can make or break a student's time on campus, and, just like any other relationship, they aren't always easy. Relationships take constant work, so it's important for students to keep the following in mind:

- Start conversations with the roommate now. Reach out via email or social media to get to know each other. This can include not just hobbies and interests, but also a discussion of lifestyles, culture, expectations, and pet peeves.
- Complete a roommate agreement when both roommates arrive on campus, then discuss it with their RA. As things change once classes start and students settle in, students should revisit the agreement within the first month and then regularly as needed.
- Encourage your student to communicate concerns with their roommate in an open, honest way as soon as there is a concern. Ignoring things and hoping they will get better often results in bigger issues down the road. Talk it out before it builds too much. Most importantly, they should **never** take it to social media to try to resolve it, as it has never seemed to solve the problem.
- Students can talk with their RA for advice on how to address a situation, or if they have already spoken with their roommate about an issue without seeing any improvement, the RA step in to assist with revisiting the roommate agreement or to do a mediation if needed.

Sometimes, both roommates may decide that it's better to move on after they've tried to resolve it and can't. That's okay! Open room change will occur the 3<sup>rd</sup> and 4<sup>th</sup> week of each semester. Room changes after this can be completed if both students have tried mediation and it hasn't been resolved after at least two weeks.

In the end, roommates can become best friends for life or simply someone sharing a space for a season. It's most important that roommates communicate openly and regularly and are respectful and civil in their interactions – and if needed, our Housing staff members are here to assist.

### **What can your student bring with them to their room?**

Check out our *Frequently Asked Questions (FAQ)* page on our website at <https://www.uwa.edu/campuslife/residencelife/aboutus/housingfaq> for information about fridges, microwaves, linens, and more. Specifically, you can find a **packing list** there. We encourage students to bring a little bit of home to their campus home and to make their room their own. Work with a roommate to discuss who may be bringing bigger items since it's a shared space, and keep in mind that they may not need everything on the packing list. A few important things to leave at home include LED light strips (can't be attached to any university property due to excessive damage issues), air fryers, hot plates, toaster ovens, candles, wireless routers and printers, electric heaters, pets (only

exception is fish in a 10-gallon tank or smaller), alcohol, non-prescribed drugs, prescribed drugs that are illegal in Alabama, cigarettes/vape pens (can have on campus, but not in the residence halls), and weapons.

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## UNIVERSITY CINEMA

Through the Student Activities Fee, your student receives one movie a week for free. Our cinema brings the latest hits to our students and community. For more information on the cinema, please click the link below.

**University Cinema  
Website**



## WHAT IS DEREG?

Dereg is the term used for deregistration. Deregistration is the removal of classes due to a hold on your account. Most students are deregistered due to financial holds, but it could also be a hold from Admission, Housing, etc. There are two deregistrations; the first will be Thursday, August 10<sup>th</sup> and the second will be Thursday, August 17<sup>th</sup>. If your child is deregistered on August 10<sup>th</sup>, they must contact the office that they have a hold with. If financial, they must contact our Student Accounts Office to either make a payment or set up a payment plan. Once this has been done, Student Accounts will release the hold and the Registrar's Office will reregister them for their courses. If the hold is not taken care of by the second deregistration, August 17<sup>th</sup>, the student will not be allowed to attend the

term.

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## **UPCOMING EVENTS**

We have launched a new site for all events on campus. Make sure your students are checking the link below:

**Events  
Website**

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# TERRY BUNN SCHOLARSHIP

## About Us

This scholarship is available to undergraduate and graduate students exhibiting satisfactory academic progress. Family members of employees at any member business or associate member of either the Alabama Road Builders Association or Alabama Asphalt Association are encouraged to apply.

## Deadline

August 4, 2023

[Apply Now](#)

For More Information :

205-652-3867

[www.uwa.edu/alumni/scholarships](http://www.uwa.edu/alumni/scholarships)

[alumnioffice@uwa.edu](mailto:alumnioffice@uwa.edu)

University of West Alabama Student Activities | UWA Student Union Building, Livingston, AL  
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