

The Mayor's Advisory Council for People with Disabilities (MACPD) was established in 1985, and is made up of people with disabilities, representatives of agencies serving people with disabilities, and other members of the community. In September 2007, MACPD changed its name to The Mayor's Advisory Council for People with Diverse Abilities (MACPDA).

The purpose of the MACPDA includes educating the public on disability awareness and serves as a community resource for people with disabilities.

The MACPDA is also involved in working with the Mayor of Tuscaloosa and The Tuscaloosa City Council to make recommendations on legislation that affects persons with disabilities.

This resource guide is designed to assist people in need, including people with disabilities. It was updated by the MACPDA with the assistance of Brian Burrows, Disability Program Navigator at the Tuscaloosa Career Center. If you have information to add or change to this document, please contact:

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Tuscaloosa Career Center
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Tuscaloosa, AL
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Section 1

Mental Health & Rehabilitation

Ability Alliance of West Alabama

Type(s) of Services: Case management, follow along, self-directed supports for individuals with intellectual disabilities

Eligibility Requirements: Diagnosis of Mental Retardation Age 3-Adult/Elderly

Cost: None

Address:

1002 McFarland Blvd. #K
Tuscaloosa, AL 35476

Phone: (205) 333-1577

Web: www.abilityalliance.info

E-mail: vturnage@abilityalliance.info

AIDS Outreach-West Alabama

Type(s) of Services: Information, education, testing, transportation, support groups

Eligibility Requirements: Individual with HIV/AIDS

Cost: None

Address:

2720 6th Street
Tuscaloosa, AL 35401

Phone: (205) 759-8470

Toll Free: 800-722-2437

Web: www.waao.info

Alabama Department of Rehabilitation Services (ADRS)

Type(s) of Services: Provides counseling & guidance, job development, job placement, and job coaching services.

Eligibility Requirements: Individual must have a certified disability

Cost: None

Address:

1305 37th Street East
P.O. Drawer 1610
Tuscaloosa, AL 35403-7608

Phone: (205) 554-1300

Toll Free: 800-331-5562

Fax: (205) 554-1369

Web: www.rehab.state.al.us

Alabama Head Injury Foundation

Type(s) of Services: Information, education, & advocacy

Eligibility Requirements: None

Cost: None

Address:

3100 Lorna Road, Suite 200
Hoover, AL 35216

Phone: (205) 823-3818

Toll Free: 800-433-8002

Web: www.ahif.org

E-mail: LBPParsons@juno.com

Alabama Institute for Deaf & Blind

Type(s) of Services: Information, advocacy, sign language classes, & interpreters

Eligibility Requirements: Diagnosed hearing or vision loss of 25%

Cost: None

Address:

Tuscaloosa Regional Center
2412 Skyland Blvd., East
Tuscaloosa, AL 35405

Voice/TDD: (205) 345-2883

Web: www.aidb.org

Alabama Lions Sight Conservation Association

Type(s) of Services: Information, advocacy, sign language classes, & interpreters

Eligibility Requirements: Diagnosed hearing or vision loss of 25%

Cost: None

Address:

700 South 18th Street
Birmingham, AL 35233

Phone: (205) 325-8519

Toll Free: 800-967-4448

E-mail: sight@alsca.org

Web: www.alsca.org

Alcoholics Anonymous

Type(s) of Services: Help people get away from alcohol addiction

Eligibility Requirements: Individuals that think they have a drinking problem and need help

Cost: None

Address:

Birmingham Intergroup
242 West Valley Avenue
Birmingham, AL 35209

Phone: (205) 290-0060

Web: www.alcoholics-anonymous.org

American Council for the Blind-West Alabama Chapter

Phone: (205) 758-8949

(205) 349-0125

ARC of Tuscaloosa

Type(s) of Services: In home day training and supported employment for adults with intellectual disabilities.

Eligibility Requirements: Individuals with intellectual disabilities 21 and older

Cost: None

Address:

1330 University Blvd. East
Tuscaloosa, AL 35404

Phone: (205) 556-4900

Web: www.dbtech.net

Arthritis Foundation

Type(s) of Services: Information and education, support groups, aquatic programs, etc.

Eligibility Requirements: Individuals with arthritis

Cost: None

Address:

2700 Highway 280 East, Ste. 180
Birmingham, AL 35223

Phone: (205) 979-5700

Toll Free: 800-879-7896

E-mail: infoal@arthritis.org

Web: www.arthritis.org

Autism Society of Alabama

Type(s) of Services: Education, advocacy & support

Eligibility Requirements: Individuals with autism

Cost: None

Address:

4778 Overton Road
Birmingham, AL 35210

Toll Free: 877-428-8476

Web: www.autism-alabama.org

Bradford Health Services

Type(s) of Services: Substance abuse, counseling

Eligibility Requirements: Individuals with a substance abuse problem and need help.

Cost: None

Address:

515 Energy Center Blvd.
Northport, AL 35473

Phone: (205) 750-0227

Toll Free: 800-891-9673

Web: www.bradfordhealth.com

Brain Trauma Foundation

Type(s) of Services: Information, education resources

Eligibility Requirements: None

Cost: None

Address:

708 3rd Avenue
New York, NY 10017

Phone: (212) 722-0608

Web: www.braintrauma.org

Brewer Porch Children's Center

Type(s) of Services: Residential and day treatment, evaluation

Eligibility Requirements: Individuals with behavior disorders

Cost: None

Address:

2501 Woodland Road
Tuscaloosa, AL 35404

Phone: (205) 348-7236**Web:** www.as.ua.edu/bp**Caring days****Type(s) of Services:** Enrichment center for people with Alzheimer's disease**Eligibility Requirements:** Individuals with Alzheimer's Disease**Cost:** None**Address:**

1110 6th Avenue East
Tuscaloosa, AL 35401
In Easter Seals Building

Phone: (205) 752-6840**Web:** www.caringdays.org**DCH Medical Center****Type(s) or Services:** Medical Services**Eligibility Requirements:** None**Cost:** Varies**Address:**

700 University Blvd.
Tuscaloosa, AL 35401

Phone: (205) 348-1770**DCH Emergency Department****Phone:** (205) 759-7122**DCH Speech & Hearing Clinic****Type(s) of Services:** Screening, evaluation, hearing aid fitting**Eligibility Requirements:** Individuals with speech or hearing disabilities**Cost:** None**Address:**

DCH Medical Center
Phelps Outpatient Center, 2nd Floor
809 University Blvd. East
Tuscaloosa, AL 35401

Phone: (205) 759-7305

Web: www.dchsystem.com

Office of Disability Services-University of Alabama

Type(s) of Services: Accommodations to assist students with disabilities succeed in college.

Eligibility Requirements: Students with disabilities that attend UA

Cost: None

Address:

133B Martha Parham East
Box 870185
Tuscaloosa, AL 35487

Phone: (205) 348-4285

TTY: (205) 348-3081

Fax: (205) 348-0804

Web: <http://ods.ua.edu>

Early Intervention

Type(s) of Services: Assistive technology, audiology, parent training, counseling, medical services, etc.

Eligibility Requirements: Infants and toddlers from birth to 2 years if they are delayed by 25% or more in cognitive, physical, social, emotional, or adaptive development, or if they have a diagnosis of a physical and/or medical condition.

Cost: None

Address:

1110 Dr. Edward Hilliard Drive
P.O. Drawer 2817
Tuscaloosa, AL 35403-2817

Phone: (205) 759-1279

Toll Free: 800-723-0490

Fax: (205) 344-4072

Web: www.rehab.state.al.us

Easter Seals Rehabilitation Services-West Alabama

Type(s) of Services: Vocational, social security representative payee, outpatient.

Eligibility Requirements: Individual with a disability

Cost: None

Address:

1110 Dr. Edward Hilliard Drive
Tuscaloosa, AL 35401

Phone: (205) 759-1211

E-mail: eswa@eastersealswestal.org

Web: www.eastersealswestal.org

Gerry Fullen House

Type(s) of Services: Provides residential housing

Eligibility Requirements: People with multiple disabilities

Cost: None

Phone: (205) 592-0221

Hospice of West Alabama

Type(s) of Services: Provides hospice care under medicare, medicaid, and blue cross/blue shield

Cost: None

Address:

3851 Loop Road
Tuscaloosa, AL 35404

Phone: (205) 523-0101

Fax: (205) 523-0102

Toll Free: 877-362-7522

Indian Rivers Mental Health & Mental Retardation Center

Type(s) of Services: Mental illness, mental retardation, and substance abuse

Eligibility Requirements: Individuals with cognitive disabilities, or that need mental health or substance abuse treatment.

Cost: None

Address:

3701 Loop Road East, Bldg. 39
Tuscaloosa, AL 35404

P.O. Box 2190
Tuscaloosa, AL 35403-2190

Phone: (205) 562-3700

Crisis Line: (205) 345-1600

Medicaid District Office

Type(s) of Services: Medicaid services

Eligibility Requirements: Individuals on Medicaid

Cost: None

Address:

907 22nd Avenue
Tuscaloosa, AL 35401-5822

Phone: (205) 391-6760
(800) 362-1504

Mental Health Association

Type(s) of Services: Information, advocacy, education

Eligibility Requirements: None

Cost: None

Address:

2123 9th Street #112
Tuscaloosa, AL 35401

Phone: (205) 752-2689

Web: www.nmha.org

Multiple Sclerosis Society

Type(s) of Services: Information, advocacy, education, support groups

Eligibility Requirements: None

Cost: None

Address:

3840 Ridgeway Drive
Birmingham, AL 35209

Phone: (205) 879-8881

Toll Free: 800-344-4867

E-mail: alc@nmss.org

National Center for Stuttering

Type(s) of Services: Answers questions regarding stuttering

Eligibility Requirements: None

Cost: None

Toll Free: 800-221-2483

E-mail: executivedirector@stuttering.org

Web: www.stuttering.com

North Harbor Pavilion

Type(s) of Services: Short-term inpatient psychiatric facility

Eligibility Requirements: Referral by a credentialed psychiatrist

Cost: None

Address:

Northport Medical Center
2700 Hospital Drive
Northport, AL 35476

Phone: (205) 330-3000

Web: www.dchsystem.com

Phoenix House Inc.

Type(s) of Services: Substance abuse rehabilitation, 90 day residential rehabilitation facility

Eligibility Requirements: Completion of a Primary Treatment Center or Crisis Stabilization Unit for drug/alcohol abuse within the past 6 months

Cost: Sliding Scale

Address:

700 35th Avenue
Tuscaloosa, AL 35401

Phone: (205) 758-3867

Admissions: (205) 750-0906

Fax: (205) 758-3803

Web: www.phoenixhousetuscaloosa.com

Psychological Clinic-University of Alabama

Type(s) of Services: Provides psychological evaluations and therapy.

Eligibility Requirements: Individuals with emotional, behavioral, and/or learning disabilities

Cost: Varies

Address:

Dr. Melissa Jackson, Director
Psychology Clinic
Gordon Palmer Hall (UA Campus)
Box 870356
Tuscaloosa, AL 35487-0356

Phone: (205) 348-5000

Recording for the Blind & Dyslexic

Type(s) of Services: Lend books on tape

Eligibility Requirements: Individuals with documented existence of a print disability.

Cost: None

Address:

National Headquarters
20 Roszel Road
Princeton, NJ 08540

Toll Free: 888-732-3585

Web: www.rfbd.org

Rural Infant Stimulation Program-RISE

Type(s) of Services: Education, therapy

Eligibility Requirements: Infants & children with disabilities

Cost: None

Phone: (205) 348-7931

Web: www.riseschool.org

Sickle Cell Foundation-West Alabama

Type(s) of Services: Information, education, research

Cost: None

Address:

3011 5th Street

Northport, AL 35476

Phone: (205) 758-1761

E-mail: sicklewestal@aol.com

Speech & Hearing Clinic-University of Alabama

Type(s) of Services: Evaluation, therapy

Eligibility Requirements: Individuals with speech and/or hearing disorders

Cost: None

Address:

700 University Blvd. East
Tuscaloosa, AL

Phone: (205) 348-7131

Web: www.as.ua.edu/comdis

Tuscaloosa County Health Department

Type(s) of Services: Information, assessment, immunization

Eligibility Requirements: None

Cost: Varies

Address:

1101 Jackson Avenue
Tuscaloosa, AL 35401

Phone: (205) 345-4131

Web: www.adph.org

Tuscaloosa Sub-Regional Library for the Blind & Physically Disabled

Type(s) of Services: Books on audio cassette and large print, manual braille writer, CC TV

Eligibility Requirements: None

Cost: None

Address:

1801 Jack Warner Parkway
Tuscaloosa, AL 35401

Phone: (205) 345-3994

Web: www.tuscaloosa-library.org

E-mail: bjordan@tuscaloosa-library.org

United Cerebral Palsy of West Alabama

Type(s) of Services: Children's services, adult services, education, assistive technology, family support

Eligibility Requirements: Individuals with Cerebral Palsy

Cost: None

Address:

1100 UCP Parkway
Tuscaloosa, AL 35476

Phone: (205) 345-3031

Fax: (205) 345-3025

Web: www.ucpwa.org

E-mail: tfrankucp@comcast.net

Veterans Administration (VA) Medical Center

Type(s) of Services: Primary Care, long-term care, mental health care

Eligibility Requirements: Veterans

Cost: Varies

Address:

3701 Loop Road East
Tuscaloosa, AL 35404

Phone: (205) 554-2000

Toll Free: 888-269-3045

Web: www.tuscaloosa.va.gov

Volunteers of America

Types of Services: We provide residential(group home) services through the MRDD medicaid waiver as well as hourly services to people with disabilities living in apartments in the tuscaloosa area.

Eligibility Requirements: A diagnosis of MR before the age of 18

Address:

Volunteers of America
3901 Palisades Drive Ste. C
Tuscaloosa, AL 35405

Phone: 205-758-4295 (phone)

Fax: 205-462-2031 (fax)

Web: www.voase.org

Whatley Health Services, Inc.-Crescent East

Type(s) of Services: Health care for the homeless, medicaid, WIC, HIV/AIDS primary care, women's health care, transportation, prescription assistance, prenatal, mental health, chiropractic, and health promotion disease prevention.

Eligibility Requirements: Individuals that are medically under served.

Cost: Minimum fee, sliding scale

Address:

J.O. Ellis Court
Tuscaloosa, AL 35476

Toll Free: 866-783-2283

Web: www.whatleyhealth.org

Whatley Health Services, Inc.-Tuscaloosa Metro Jail

Type(s) of Services: Health care for the homeless, medicaid, WIC, HIV/AIDS primary care, women's health care, transportation, prescription assistance, prenatal, mental health, chiropractic, and health promotion disease prevention.

Eligibility Requirements: Individuals that are medically under served

Cost: Minimum fee, sliding scale

Address:

Tuscaloosa Metro Jail

Toll Free: 866-783-2283

Web: www.whatleyhealth.org

Section_2

Housing, Food, Clothing, & Energy Assistance

Alabama Gas Company

Type(s) of Services: Gatekeeper program offers assistance to those in need

Eligibility Requirements: Low income

Cost: None

Address:

1824 University Blvd.
Tuscaloosa, AL 35401

Phone: (205) 759-2501

Web: www.alagasco.com

Alabama Power Company

Type(s) of Services: Project Share-Assistance paying electric bills

Eligibility Requirements: Individual with a disability or elderly

Cost: None

Address:

915 Queen City Avenue
Tuscaloosa, AL 35401

Customer Service: 800-245-2244

Power Outage Reporting: 800-888-2726

Web: www.alabamapower.com

American Red Cross-Project Share

Type(s) of Services: Disaster preparedness, disaster relief, blood donation, first aid

Eligibility Requirements: None

Cost: None

Address:

1110 Veterans Memorial Parkway
Tuscaloosa, AL 35404

Phone: (205) 758-3608

Fax: (205) 758-4869

E-mail: info@bamaredcross.org

Catholic Family Services

Type(s) of Services: Emergency food and financial assistance

Eligibility Requirements: Low income

Cost: None

Address:

608 37th Street, East
Tuscaloosa, AL 35405

Phone: (205) 759-1268**Fax:** (205) 759-1224**Christian Ministry Center****Type(s) of Services:** Medical/Dental assistance, food, literacy**Eligibility Requirements:** None**Cost:** None**Address:**

4300 Highway 69 North
Northport, AL 35476

Phone: (205) 339-4563**Web:** www.namb.net**Christian Ministry Center of the Pleasant Grove Baptist Association****Type(s) of Services:** Food, clothing, and some school supplies**Eligibility Requirements:** Need**Cost:** None**Address:**

16995 Walden Pond Road
Brookwood, AL 35444

Phone: (205) 554-7706**Web:** www.pgmbassoc.org**Community Service Program of West Alabama****Type(s) of Services:** Low income home energy program, meals on wheels**Eligibility Requirements:** Low income**Cost:** Varies**Address:**

601 17th Street
Tuscaloosa, AL 35401

Phone: (205) 752-5249
Fax: (205) 758-7229
E-mail: cburton@cspwal.com
Web: www.cspwal.com

Community Soup Bowl

Type(s) of Services: Daily lunch meal from 11:00-1:00

Eligibility Requirements: Low income

Cost: None

Address:
1711 23rd Avenue
Tuscaloosa, AL 35401

Phone: (205) 752-2421

Community Service Projects Village

Type(s) of Services: Housing

Eligibility Requirements: Low income

Cost: None

Address:
601 17th Street
Tuscaloosa, AL 35401

Phone: (205) 752-5349
Fax: (205) 752-7229
E-mail: sshambley@cspwal.com
Web: www.cspwal.com

Department of Human Resources

Type(s) of Services: Family & Child Services, food stamps

Eligibility Requirements: Low income

Cost: None

Address:
3716 12th Avenue East
Tuscaloosa, AL 35407

Phone: (205) 554-1100
Fax: (205) 554-0354

Food Stamp Office**Type(s) of Services:** Food stamps**Eligibility Requirements:** Low income**Cost:** None**Address:**

3716 12th Avenue East
Tuscaloosa, AL 35407

Phone: (205) 554-1100**Fax:** (205) 554-0354**Goodwill****Type(s) of Services:** Employment, training, counseling & guidance**Eligibility Requirements:** Individuals with disabilities**Cost:** None**Address:**

1118 Greensboro Avenue #B14
Tuscaloosa, AL 35401

Phone: (205) 752-2895**Friendship House****Type(s) of Services:** Hot lunch at 12 noon**Eligibility Requirements:** Individuals with mental illness**Cost:** None**Address:**

505 M 19th Avenue
Tuscaloosa, AL 35401-1509

Phone: (205) 345-1534**Habitat for Humanity****Type(s) of Services:** Housing**Eligibility Requirements:** Low income**Cost:** None

Address:

1020 McFarland Blvd.
Northport, AL 35476

Phone: (205) 349-5343**Fax:** (205) 349-4620**Housing Authority-Tuscaloosa****Type(s) of Services:** Housing**Eligibility Requirements:** Low income**Cost:** Sliding Scale**Address:**

2700 MLK Jr. Blvd.
Tuscaloosa, AL 35401

Phone: (205) 758-6619**Fax:** (205) 759-5099**Housing Authority-Northport****Type(s) of Services:** Housing**Eligibility Requirements:** Low income**Cost:** Sliding scale**Address:**

39 West Circle
Northport, AL 35476

Phone: (205) 752-8171**Fax:** (205) 345-1506**Web:** www.northporthousingauthority.org**E-mail:** housing@northporthousingauthority.org**Meals on Wheels****Type(s) of Services:** Food**Eligibility Requirements:** Individuals that are home-bound**Cost:** None**Address:**

601 17th Street
Tuscaloosa, AL 35401

Phone: (205) 752-5249

Fax: (205) 752-7229

Salvation Army

Type(s) of Services: Disaster relief, adult rehabilitation

Eligibility Requirements: Low income, disaster victims

Cost: None

Address:

2902 Greensboro Avenue
Tuscaloosa, AL

Phone: (205) 758-2804

Tuscaloosa County Extension Service

Type(s) of Services: 4-H, health and wellness, emergency preparedness

Cost: None

Address:

2513 7th Street
Tuscaloosa County Courthouse Annex
Tuscaloosa, AL 35401

Phone: (205) 349-4630

Fax: (205) 752-2349

Tuscaloosa County Individual & Family Support Council

Type(s) of Services: Grants for extraordinary needs to families or individual with an intellectual disability

Eligibility Requirements: Diagnosis of developmental disability, low income

Cost: None

Phone: 888-759-5600

Temporary Emergency Services

Type(s) of Services: Life supporting medications, tooth extraction, school supplies

Eligibility Requirements: Low income

Cost: None

Address:

2208 7th Street
Tuscaloosa, AL 35401

Phone: (205) 758-5535**Web:** www.temporaryemergencyservices.org**Tuscaloosa Housing Counseling Program****Type(s) of Services:** Counseling, education, money management**Eligibility Requirements:** None**Cost:** None**Address:**

1802 41st Avenue
Tuscaloosa, AL 35401

Phone: (205) 349-0175**E-mail:** ddralke@tuscaloosa.com**United Way Information & Referral****Type(s) of Services:** Varies**Eligibility Requirements:** Varies**Cost:** None**Address:**

2720 6th Street
Tuscaloosa, AL 35403

Phone: (205) 345-6640**Fax:** (205) 345-6681**Web:** www.uwwa.org

Section 3

Income, Employment & Training

Alabama Work Incentives Network-ALAWIN

Type(s) of Services: Provides information about work incentives, helps plan how to use work incentives, help use your ticket to work

Eligibility Requirements: SSI Recipients of SSDI beneficiaries ages 14-64

Cost: None

Address:

P.O. Box 434
300 Birmingham Avenue
Jasper, AL 35502

Phone: (205) 387-0159 ext 103

Toll Free: 866-259-1745

Fax: (205) 387-0162

Web: www.ilrgb.org

Alabama Commission on Aging

Type(s) of Services: Nutrition & Wellness, legal aid, long term care, elder abuse

Eligibility Requirements: Senior citizens

Cost: None

Address:

770 Washington Avenue
RSA Plaza, Suite 470
Montgomery, AL 36130

Toll Free: 800-243-5463

Toll Free: 877-425-2243

Web: www.ageline.net

E-mail: age-line@adss.alabama.gov

Alabama Department of Rehabilitation Services

Type(s) of Services: Guidance & counseling, job development, job coaching, and job placement

Eligibility Requirements: Individual with a certified disability

Cost: None

Address:

1305 37th Street, East
P.O. Drawer 1610
Tuscaloosa, AL 35403-1610

Phone: (205) 554-1300

Toll Free: 800-331-5562

Fax: (205) 554-1369

Web: www.rehab.state.al.us

Alabama's Career Center System-Tuscaloosa Office

Type(s) of Services: State Employment Service, Tuscaloosa CareerLink, Vocational Rehabilitation, Easter Seals, Adult Education, Veterans Services

Eligibility Requirements: None

Cost: None

Address:

202 Skyland Drive
Tuscaloosa, AL 35405

Phone: (205) 758-7591

Web: www.joblink.alabama.gov

Eagles Wings of Tuscaloosa, Inc.

Type(s) of Services: Day habilitation

Eligibility Requirements: Individual with an intellectual or physical disability

Cost: None

Address:

2205 9th Avenue
Northport, AL 35476

Phone: (205) 345-5484

Web: www.eagleswingsoftuscaloosa.org

E-mail: eagleswingsin634@bellsouth.net

FOCUS on Senior Citizens

Type(s) of Services: Support services, transportation, nutrition

Eligibility Requirements: Age 60 and above

Cost: None

Address:

1920 6th Street
Tuscaloosa, AL 35401

Phone: (205) 758-3393

Web: www.focustuscaloosa.org

E-mail: focus_on_senior_citizens@hotmail.com

Jobs Program-Department of Human Resources (DHR)

Type(s) of Services: Counseling, training and support

Eligibility Requirements: Individuals served by DHR

Cost: None

Address:

3716 12th Street
Tuscaloosa, AL 35407

Phone: (205) 554-1100

Shelton State Community College

Type(s) of Services: Education

Eligibility Requirements: Varies

Cost: Varies

Address:

9500 Old Greensboro Road
Tuscaloosa, AL 35405

Phone: (205) 247-7722

Toll Free: 877-211-7722

Web: www.sheltonstate.edu

Social Security Administration

Type(s) of Services: SSI SSDI

Eligibility Requirements: Varies

Cost: None

Address:

1118 Greensboro Avenue
Federal Building, Suite 111
Tuscaloosa, AL 35401

Phone: (205) 349-4863

Toll Free: 800-772-1213

Web: www.ssa.gov

Tuscaloosa YMCA

Type(s) of Services: Health and wellness, camps, youth sports, teen leadership programs

Eligibility Requirements: None

Cost: varies

Address:

2405 Paul W. Bryant Drive
Tuscaloosa, AL 35401

Phone: (205) 345-9622

Web: www.ymcatusc.org

Veterans Employment Service-Operation Grateful Heart

Type(s) of Services: Assistance with re-entry to workforce, health benefits and other supports

Eligibility Requirements: Veterans

Cost: None

Address:

649 Monroe Street
Montgomery, AL 36131

Phone: (205) 353-1173

Toll Free: 866-452-4944

E-mail: ogh@governor.alabama.gov

West Alabama Regional Commission-Senior Aid Program

Type(s) of Services: Advance on health insurance, legal counseling, discount prescriptions

Eligibility Requirements: Senior Citizens

Cost: None

Address:

4200 Highway 69 North, Suite 1
Northport, AL 35476

Phone: (205) 333-2990

Web: www.warc.info

E-mail: warc@adss.alabama.gov

Section 4

Legal Services & Advocacy

Ability Alliance of West Alabama

Type(s) of Services: Advocacy, education

Eligibility Requirements: Individuals with mental retardation

Cost: None

Address:

1002 McFarland Blvd. #K
Northport, AL 35476

Phone: (205) 333-1577

Web: www.abilityalliance.info

Alabama Disabilities Advocacy Program

Type(s) of Services: Protection and advocacy

Eligibility Requirements: Individuals with disabilities

Cost: None

Address:

Box 870395
Tuscaloosa, AL 35487-0395

Phone: (205) 348-4928

Toll Free: 800-826-1675

Web: www.adap.net

E-mail: adap@adap.ua.edu

Alabama Early Intervention System-Child Find

Type(s) of Services: Assistive technology, audiology, parent training, counseling, medical services.

Eligibility Requirements: Infants and toddlers from birth to 2 years if they are delayed by 25% or more in cognitive, physical, social, emotional or adaptive development, or if they have a diagnosis or a physical and-or medical condition.

Cost: None

Address:

1110 6th Avenue, East
P.O. Drawer 2817
Tuscaloosa, AL 35402-2817

Phone: (205) 759-1279
Toll Free: 800-723-0490
Fax: (205) 344-4072

Crime Prevention-Public Information

Type(s) of Services: Dare, child safety, pedestrian safety

Eligibility Requirements: None

Cost: None

Address:
2201 University Blvd.
Tuscaloosa, AL 35401

Phone: (205) 349-2010

Legal Counsel for the Elderly

Type(s) of Services: Legal assistance

Eligibility Requirements: Individuals over the age of 60

Cost: None

Address:
University of Alabama Law School
Clinical Service Program

Phone: (205) 348-0392
Fax: (205) 348-6851
Web: www.uaelderlaw.org

Legal Services Corporation

Type(s) of Services: Counsel and advice, ,education, administrative and judicial representation, appeals, & legal self-help materials and forms.

Eligibility Requirements: Low income and individuals with disabilities

Cost: None

Address:
2315 9th Street, Suite 3A
Tuscaloosa, AL 35401

Phone: (205) 758-7503

Mental Health Association in Tuscaloosa County

Type(s) of Services: Information, advocacy, education, counseling

Eligibility Requirements: Individuals with Mental Health Disabilities

Cost: None

Address:

2123 9th Street
Tuscaloosa, AL 35401

Phone: (205) 752-2689

Fax: (205) 758-5773

Web: www.nmha.net

E-mail: mhatusc@dbtech.net

People First of Tuscaloosa

Type(s) of Services: Advocacy, support, education

Eligibility Requirements: Individual with a disability

Cost: None

Address:

11407 Huntington Place
Northport, AL 35475-4647

Phone: (205) 333-7863

Web: www.pfofal.org

E-mail: mmarion@pfofal.org

University of Alabama Law Clinic

Type(s) of Services: Clinic Types: Community development, elder law, domestic, violence, civil law

Eligibility Requirements: Anyone

Cost: None

Address:

101 Paul Bryant Drive
Tuscaloosa, AL 35401

Phone: (205) 348-4960

Web: www.law.ua.edu/clinics

West Alabama Regional Commission-Ombudsman Program

Type(s) of Services: Promote well-being and quality of life for long-term care residents

Eligibility Requirements: Senior Citizens

Cost: None

Address:

4200 Highway 69 North, Suite 1
Northport, AL 35476

Phone: (205) 333-2990

Web: www.warc.info

E-mail: warc@adss.alabama.gov

Section 5

Counseling

Alabama Veterans Affairs Department-Tuscaloosa County Courthouse

Type(s) of Services: Awareness, assist with benefits

Eligibility Requirements: Veterans, their families, and survivors

Cost: None

Address:

Tuscaloosa County Courthouse
714 Greensboro Avenue, Room 241
Tuscaloosa, AL 35401

Phone: (205) 349-3870 Ext. 360

Fax: (205) 758-6170

Alabama Cares-Caregivers Support Group

Type(s) of Services: Information, assistance, and resources

Eligibility Requirements: Caregiver must provide care at least 2 times a week. Recipient 60 or older

Cost: Sliding Scale

Toll Free: 800-243-5463

Web: www.alarc.org/tarcog/cares.htm

Caring Hands Hospice, Inc.

Type(s) of Services: Provides in home care, grief counseling to individuals under 18.

Eligibility Requirements: Individuals who are terminally ill

Cost: None

Address:

225 University Blvd. East
Tuscaloosa, AL 35401

Phone: (205) 349-3065

Fax: (205) 349-3295

Web: www.caringhandshospice.org

E-mail: info@caringhandshospice.org

Catholic Family Services

Type(s) of Services: Individual, family & marriage counseling

Eligibility Requirements: None

Cost: None

Address:

608 37th Street, East
Tuscaloosa, AL 35405

Phone: (205) 759-1268

Fax: (205) 759-1224

Child Abuse Prevention Services of Tuscaloosa

Type(s) of Services: Information, counseling, advocacy

Eligibility Requirements: Children that are abused or neglected

Cost: None

Address:

618 14th Street
Tuscaloosa, AL 35401

Phone: (205) 758-1159

Family Counseling Services of Tuscaloosa County

Type(s) of Services: Counseling for family, parenting, and individual

Eligibility Requirements: None

Cost: \$65 May be lower based on income

Address:

2020 Paul Bryant Drive
Tuscaloosa, AL 35401

Phone: (205) 752-2504

Toll Free: 866-916-2504

Web: www.counselingservice.org

E-mail: office@counselingservices.org

Gamblers Anonymous

Type(s) of Services: Counseling, information

Eligibility Requirements: Individual with a gambling problem or family member

Cost: None

Address:

Hillcrest Hospital
6869 5th Avenue South
Birmingham, AL

Hotline: (205) 824-2473

Mental Health Association

Type(s) of Services: Information, advocacy, education, counseling

Cost: None

Address:

2123 9th Street
Tuscaloosa, AL 35401

Phone: (205) 752-2689

Fax: (205) 758-5773

Web: www.nmha.net

E-mail: mhatusc@dbtech.net

Sunrise Center

Type(s) of Services: Individual and family counseling, grief counseling

Eligibility Requirements: None

Cost: None

Address:

3851 Loop Road
Tuscaloosa, AL 35404

Phone: (205) 523-0101

Toll Free: 877-362-7522

University of Alabama Psychology Clinic

Type(s) of Services: Counseling

Eligibility Requirements: Anyone in need of counseling

Cost: None

Address:

Dr. Jean Spruill, Director
Psychology Clinic
Box 870348
Tuscaloosa, AL 35487-0348

Phone: (205) 348-5000

E-mail: jspruill@gp.as.ua.edu

Section 6

Education

FOCUS on Senior Citizens

Type(s) of Services: Education

Eligibility Requirements: Individuals 60 and older

Cost: None

Address:

1920 6th Avenue
Tuscaloosa, AL 35401

Phone: (205) 758-3393

Fax: (205) 758-3395

Web: www.focustuscaloosa.org

Mental Health Association

Type(s) of Services: Information, advocacy, education, counseling

Eligibility Requirements: Individuals with mental health disabilities

Cost: None

Address:

2123 9th Street
Tuscaloosa, AL 35401

Phone: (205) 752-2689

Fax: (205) 758-5772

Web: www.nmha.net

E-mail: mhatusc@dbtech.net

Plus Literacy Program

Type(s) of Services: Reading education

Eligibility Requirements: Anyone needing assistance with reading

Cost: None

Address:

9500 Old Greensboro Road
Tuscaloosa, AL 35405

Phone: (205) 391-2671

Fax: (205) 391-2669

Stillman College

Type(s) of Services: Education

Eligibility Requirements: Varies

Cost: Varies

Address:

P.O. Box 1430
Tuscaloosa, AL 35403

Phone: (205) 349-4240

Toll Free: 800-841-5722

Web: www.stillman.edu

Shelton State Community College**Type(s) of Services:** Education**Eligibility Requirements:** Varies**Cost:** Varies**Address:**

9500 Old Greensboro Road
Tuscaloosa, AL 35405

Phone: (205) 247-7722**Toll Free:** 800-211-7722**Web:** www.sheltonstate.edu**Shelton State-CA Fredd****Type(s) of Services:** Education**Eligibility Requirements:** Varies**Cost:** Varies**Address:**

3401 Martin Luther King Jr. Blvd.
Tuscaloosa, AL 35401

Phone: (205) 247-7722**Toll Free:** 800-211-7722**Web:** www.sheltonstate.edu**Tuscaloosa County Board of Education****Type(s) of Services:** K-12 Education**Eligibility Requirements:** Children in grades K-12**Cost:** None**Address:**

2314 9th Street
Tuscaloosa, AL 35403

Phone: (205) 758-0411**Web:** www.tcass.net**Tuscaloosa City Board of Education****Type(s) of Services:** Education

Eligibility Requirements: Children in grades K-12

Cost: None

Address:

1210 21st Avenue
Tuscaloosa, AL 35401

Phone: (205) 759-3700

Web: www.tusc.k12.al.us

Tuscaloosa's One Place, A Family Resource Center

Type(s) of Services: Adult education, parent education, after school tutoring, job readiness program

Eligibility Requirements: None

Cost: None

Address:

867 Redmont Drive
Tuscaloosa, AL 35404

Phone: (205) 462-1000

Web: www.etfrc.org

University of Alabama-Adult Student Office

Type(s) of Services: Adult education

Eligibility Requirements: Varies

Cost: Varies

Address:

University of Alabama
Tuscaloosa, AL 35487

Phone: (205) 348-6010

Toll Free: 800-467-0227

Web: <http://academicoutreach.ua.edu>

University of Alabama-Division of Continuing Studies

Type(s) of Services: Continuing education

Eligibility Requirements: Varies

Cost: Varies

Address:

University of Alabama
Tuscaloosa, AL 35487

Phone: (205) 348-6331

Fax: (205) 348-9246

Web: <http://continuingstudies.ua.edu>

E-mail: mkirk@ccs.ua.edu

Section 7

Transportation

Accessible Parking Decals

Type(s) of Services: Provide accessible parking decals

Eligibility Requirements: Individual with a disability

Cost: Varies

Address:

Tuscaloosa County Courthouse
714 Greensboro Avenue
Tuscaloosa, AL 35401

Phone: (205) 349-3870

FOCUS on Senior Citizens

Type(s) of Services: Transportation

Eligibility Requirements: 60 years and older

Cost: None

Address:

1920 6th Avenue
Tuscaloosa, AL 35401

Phone: (205) 758-3393

Fax: (205) 758-3395

Web: www.focustuscaloosa.org

Tuscaloosa Transit Authority

Type(s) of Services: Demand Response Vans 6 am- 6 pm, Fixed routes: 5 am- 6pm
Monday-Friday

Eligibility Requirements: Individuals with disabilities that reside in Tuscaloosa

Cost: \$2.00 per ride

Address:

2450 Hargrove Road East
Tuscaloosa, AL 35405

Phone: (205) 556-3876

Web: www.uatrolley.org

E-mail: info@uatrolley.org

Section 8

Emergency Numbers

Alabama State Troopers

Address:

301 South Ripley Street
Montgomery, AL 36401

General Info: (334) 242-4371

Driver's License: (334) 424-4400

E-mail: info@dps.alabama.gov

American Red Cross

Type(s) of Services: Disaster relief, blood donations

Eligibility Requirements: Varies

Cost: None

Address:

1100 Veteran's Memorial Parkway
Tuscaloosa, AL 35404

Phone: (205) 758-3608

Fax: (205) 759-4869

Toll Free: 800-516-3387

Web: www.westalarc.org

E-mail: info@bamaredcross.org

Civil Defense & Emergency Management

Type(s) of Services: Information, relief, support

Eligibility Requirements: Anyone

Cost: None

Address:

2201 University Blvd.
Tuscaloosa, AL 35401

Phone: (205) 349-0150

Fax: (205) 349-0198

Web: www.tuscema.org

Community Soup Bowl

Type(s) of Services: Daily lunch meal from 11:00-1:00

Eligibility Requirements: Low income

Cost: None

Address:

1711 23rd Avenue
Tuscaloosa, AL 35401

Phone: (205) 752-2421

Poison Control

Type(s) of Services: Information, emergency help

Address:

2503 Phoenix Drive
Tuscaloosa, AL 35405

Toll Free Emergency Number: 800-222-1222

Web: www.alpoisoncenter.org

Salvation Army

Type(s) of Services: Disaster relief, shelter

Eligibility Requirements: Anyone in need

Cost: None

Address:

2902 Greensboro Avenue
Tuscaloosa, AL 35401

Phone: (205) 758-2804

Temporary Emergency Services

Type(s) of Services: Life supporting medications, tooth extraction, school supplies

Eligibility Requirements: Individuals in need

Cost: None

Address:

1705 15th Street
Tuscaloosa, AL 35401

Phone: (205) 758-5535

Web: www.temporaryemergencyservices.org

Turning Point

Type(s) of Services: Help with domestic abuse

Address:

2110 McFarland Blvd. East #G
Tuscaloosa, AL 35404

Phone: (205) 758-0808

Web: www.turningpointservices.org

United Way Information & Referral

Type(s) of Services: Information & referral

Eligibility Requirements: Anyone

Cost: None

Address:

2720 6th Street
Tuscaloosa, AL 35402

Phone: (205) 345-6640

Fax: (205) 345-6681

Web: www.uwwa.org

E-mail: miles@uwwa.org

Youth Emergency Services

Type(s) of Services: Tutoring, mentoring, anger management

Eligibility Requirements: Juveniles

Cost: None

Phone: (205) 345-4340

Section 9

Government Numbers

Emergency

Phone: 911

Tuscaloosa Police Department**Address:**

3801 Millcreek Avenue
Tuscaloosa, AL 35401

Phone: (205) 349-2121

Web: www.ci.tuscaloosa.al.us

Tuscaloosa Fire Department**Address:**

3801 Millcreek Avenue
Tuscaloosa, AL 35401

Phone: (205) 349-1100

Web: www.ci.tuscaloosa.al.us

Tuscaloosa City Hall**Address:**

2201 University Blvd.
Tuscaloosa, AL 35401

Phone: (205) 349-2010

Fax: (205) 349-0147

Web: www.ci.tuscaloosa.al.us

Tuscaloosa County Courthouse

Type(s) of Services: Driver's License, probate judge, tax assessor

Address:

714 Greensboro Avenue
Tuscaloosa, AL 35401

Phone: (205) 349-3870

Web: www.tusco.com

Tuscaloosa County Sheriff's Department

Address:

714 1/2 Greensboro Avenue
Tuscaloosa, AL 35401

Phone: (205) 752-0616

Web: www.tuscaloosaso.com

Northport Police Department

Address:

3721 26th Avenue
Northport, AL 35473

Phone: (205) 339-6600

Fax: (205) 333-3046

Web: www.cityofnorthport.org

Northport Fire Department

Phone: (205) 333-3024

Web: www.cityofnorthport.org

Northport City Hall

Address:

3500 McFarland Blvd.
Northport, AL 35476

Phone: (205) 339-7000

Fax: (205) 333-3046

Web: www.cityofnorthport.org

Brookwood Police Department

Address:

15689 Highway 216
Brookwood, AL 35444

Phone: (205) 556-0103

Web: www.brookwoodalabama.com

Brookwood Fire Department

Address:

15689 Highway 216
Brookwood, AL 35444

Phone: (205) 556-7411

Web: www.brookwoodalabama.com

Brookwood Town Hall

Address:

15689 Highway 216
Brookwood, AL 35444

Phone: (205) 556-1300

Fax: (205) 556-2674

Web: www.brookwoodalabama.com

Vance Police Department

Address:

10902 Public Safety Drive
Vance, AL 35490

Phone: (205) 553-9917

Vance Fire Department

Phone: (205) 553-6084

Vance Town Hall

Address:

P.O. Box 193
Vance, AL 35490

Phone: (205) 553-8278

Fax: (205) 553-8270